



Legislation Standing Committee

Helga Stuermer Chairperson

Hello everyone. I do hope you all had and still have a wonderful summer. It was late in starting, but once the wonderful weather decided to come it was glorious.

Just right at night torrential downpour, with flooding, Then, during the day very hot. Our Erie Lake is so high with water, so no beach at our place. Even at the cottage the water was very high.

So, let's talk about WATER

We are so lucky living here in Canada. We have plenty of the wonderful water, and we need to treat it with the utmost respect it so deserves. Did you know the average adult human body is 50-65% water, The percentage of water in an infant is much higher, typically around 75-78% of water, dropping to 65% by one year. Body composition varies according to gender and fitness level because fatty tissue contains less water than lean tissue. With so much water how come we don't feel soaking wet? Water in the human body is present in colloidal form. It is bound with hydrophilic organic molecules. Every living cell needs water. May it be plants, humans, or animals. So let's protect our water. Protect the sacredness of our water Re: Pope Francis. Not everyone has clear clean drinking water.

I checked the Canadian Government Legislation on this; **Fact:** Generally the quality of our drinking water is the provinces duty: however the Federal government is responsible on Federal Lands & First Nations Communities. Governments are responsible to ensure safe drinking water in all communities. You can find more info in my March directive. There are still communities in our northern country who have to boil their water before consuming it. Why is that? Extraction of gas and oil out of the earth is one reason. The by-product being used is very damaging to the watershed. It is scary, when you read that there are over 26 municipality's that cannot consume water without boiling it, and one first nation community even "DO NOT CONSUME"

Keeping also in mind of what we consume- **Fact:** Pharmaceuticals are in our drinking water, we need to dispose of them properly Remember if you take them, you also void them. It find its way into our water system. We need stronger government checking system. They do check for other pollutants, but NOT how much Pharma is in it.

But we can help make a difference. I can make a difference by being careful and not waste water. There are numerous ways to conserve water by just turning the faucet on and off. By making sure to load the dishwasher totally full before turning it on. By talking with people, and having conversations with people. Make sure to fix leaky faucets immediately.

We have so much water you say.. Canada is rich with water, yes indeed, but what if it is not so?

What and how much water I use affects others.

1. Water is a precious resource on earth
2. Water is very important in everyday living, and every living thing.
3. I can make a difference in conserving water in my community
4. I can show and inspire others how to conserve water.
5. I should be careful how much water I use.
6. My community water needs to be taken care of.

Many things have to change course, but-, it is we human beings above all who need to change.

Many blessings to all

Helga